

# Wantagh Elementary Lunch Menu November 2023

## Meal Price:

**Paid: \$3.25**

Adult Lunch Meal: \$5.09+tax

## More Info...

**Daily Milk Offerings:** 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

**Daily Fruit Offerings:** Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

**Daily Vegetable Offerings:** Baby Carrots & Celery Sticks

## Available Daily:

- Sunflower Seed Butter w/ Jelly Sandwich on WG Bread **V**
- Bagel Meal: Fresh NY-Style Bagel w/ 1 cheese stick and yogurt **V**
- Grilled Cheese Melt
- Chicken Nuggets\*

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork, **V** denotes Vegetarian option, (\*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats

**Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.**

-Meat/Meat Alternate

-Vegetable

-Whole Grain Item

-Fruit

-Milk

**November 2<sup>nd</sup> is  
Cookie Monsters  
Birthday!**  
**Buy Breakfast and  
Lunch and receive a  
FREE cookie!**

\*Taco Bar will include beef  
taco meat with choice of  
soft tortilla shells or  
scoops, lettuce, sour cream  
& salsa

**1**  
WG Soft Pretzel Rods w/  
Cheese Sauce  
Grilled Cheese Melt  
Apple Slices  
Sweet Potato Fries  
Milk of the Day

**2**  
Cookie Monster's Birthday!  
Mac & Cheese\*  
Strawberry Yogurt Parfait  
Orange Wedges  
Chickpea Salad  
Milk of the Day

**3**  
Cheese Pizza  
Pepperoni (P) Pizza  
Watermelon Cup  
Carrot Sticks  
Romaine Cup with Ranch  
Milk of the Day

**6**  
Hamburger or  
Cheeseburger on WG Bun  
Chicken Patty on WG Bun  
Apple Slices  
Tater Tots  
Milk of the Day

**7**  
**No School  
Election Day**  


**8**  
WG Pizza Crunchers  
Grilled Cheese Melt  
Grapes  
Carrot Sticks  
Roasted Squash  
Milk of the Day

**9**  
Cheese Pizza  
Pepperoni (P) Pizza  
Watermelon Cup  
Carrot Sticks  
Romaine Cup with Ranch  
Milk of the Day

**10**  
**No School  
Veterans Day**  


**13**  
Chicken Tenders w/  
Dipping Sauce  
Mozzarella Sticks w/  
Marinara Sauce  
Apple Slices  
Tater Tots  
Milk of the Day

**14**  
WG Confetti Pancakes w/  
Syrup & Chicken Sausage  
Egg & Cheese on WG  
Biscuit  
Orange Wedges  
Cucumber Coins  
Milk of the Day

**15**  
WG Soft Pretzel Rods w/  
Cheese Sauce  
Grilled Cheese Melt  
Apple Slices  
Sweet Potato Fries  
Milk of the Day

**16**  
**Taco Bar Thursday**  
Strawberry Yogurt Parfait  
Grapes  
Black Beans  
Milk of the Day

**17**  
Cheese Pizza  
Pepperoni (P) Pizza  
Watermelon Cup  
Carrot Sticks  
Romaine Cup with Ranch  
Milk of the Day

**20**  
Hamburger or  
Cheeseburger on WG Bun  
Chicken Patty on WG Bun  
Apple Slices  
Tater Tots  
Milk of the Day

**21**  
WG Mini Maple Waffles w/  
Syrup & Chicken Sausage  
Egg & Cheese on WG  
Biscuit  
Cantaloupe Chunks  
Cucumber Coins  
Milk of the Day

**22**  
Cheese Pizza  
Pepperoni (P) Pizza  
Watermelon Cup  
Carrot Sticks  
Romaine Cup with  
Ranch  
Milk of the Day

**23**  
**No School  
Thanksgiving  
Recess**  




**24**  
**No School  
Thanksgiving  
Recess**  


**27**  
Chicken Tenders w/  
Dipping Sauce  
Mozzarella Sticks w/  
Marinara Sauce  
Apple Slices  
Tater Tots  
Milk of the Day

**28**  
National French Toast Day  
WG French Toast & Chicken  
Sausage  
Egg & Cheese on WG Biscuit  
Cantaloupe Chunks  
Cucumber Coins  
Milk of the Day

**29**  
WG Soft Pretzel Rods w/  
Cheese Sauce  
Grilled Cheese Melt  
Apple Slices  
Sweet Potato Fries  
Milk of the Day

**30**  
**Taco Bar Thursday**  
Strawberry Yogurt Parfait  
Grapes  
Black Beans  
Milk of the Day

 Indicates a fresh produce.  
 Denotes item prepared from scratch or speed scratch.

